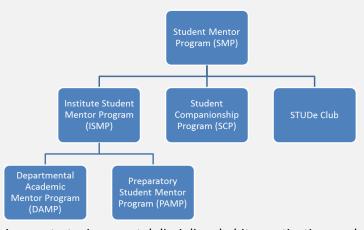
STUDe CLUB IIT Bombay Brochure

Introduction

STUDe CLUB IITB – a wing of the SMP (see adjoining figure) – is aimed to facilitate "Healthy practices for effective learning". The program aspires to inculcate positive attitudes and values amongst the students and also assist them in making the best of their stay at IITB (and hopefully elsewhere in the future). Through this forum, the club aims to offer a conducive environment, where students can stay focused on their respective goals in life and provides the required ambience where students feel motivated and encouraged.

While the institute calendar is replete (and rightfully so!) with lectures on science, technology and engineering, and also with a lot of cultural and sports activities, there has been a need for programs targeting a student's overall development. A common apprehension amongst students is that they are not able to figure out priorities in life, lose focus, indulge in a plethora of activities on campus, consequently affecting academics and indirectly their own self-confidence and achievements. To address these issues, STUDE CLUB focuses on adapting to new ways of learning, qualities of highly effective people, importance of goal-setting, etc. It aims to highlight the correlation of success



with a variety of factors ranging from healthy attitudes, techniques, strategies, mental discipline, habits, motivation, and also health-related issues such as sitting postures, physical exercises, healthy diet and so on.

Many students in the institute are doing very well but can do much better if properly guided better. These students invariably remain in touch with some high-achieving wise seniors who mentor them as friends. The purpose of STUDe CLUB is to provide an official platform to these efforts/relationships so as to encourage them by officially endorsing them and helping them surmount the hostel boundaries for a healthier and fruitful network.

The club endeavours to enable clarity of thought and focused endeavour to help the students achieve their cherished desire, thereby making them more responsible for themselves, so that they lead a contented, joyous and eventful life not only in IIT but even afterwards.

The other two UG mentorship programs (ISMP and DAMP) are primarily to tackle the possible adjustment and academic problems of the students, while STUDe CLUB is in place to cater to the people who are already doing well and can do better if suitably guided.

Journey so far...

It all began with a M.Phil. report from the HSS Department in 2008 entitled 'A Study of Stress and Coping Strategies of Students at IIT Bombay' by Sohinee Ganguly. This study presented the findings of a survey conducted with students across various departments of IIT Bombay. Along with few like-minded students with whom she interacted during her survey, she approached the Dean of Student Affairs (DoSA) and proposed the idea of 'STUDe Club'. The DoSA was extremely happy to receive such a proposal and encouraged the initiative saying that 'this group should work as long as even one student is benefiting because of their efforts'.

The initial sessions of STUDe Club were delivered by senior students and invited speakers like Mr.Deepak Bharwani (a certified trainer of "Seven Habits of Highly Effective People") on topics such as 'Paradigms and Principles', 'To Act or To Be Acted Upon', 'Begin with End in Mind', '6½ Traits of Proactive Leader', 'AttiDude', 'Finding One's Voice', 'First Things First', etc. Technical workshops conducted for undergraduate freshmen during summer and winter breaks on MATLAB, Latex, Microcontrollers, Web Development, Shell scripting and Presentation skills registered



an excellent response from the student community. Snaps from the club's activities can be viewed here. In their show on February 11, 2010, 'Campus Radio' featured an interview with STUDe Club. Under the guidance of Prof. Ganesh Ramakrishnan, STUDe Club functioned under the direct supervision of the Dean AP office that overlooked and supported its activities. Acknowledging the club's endeavours, the Dean AP office incorporated STUDe Club with SMP in November 2011, thereby giving birth to STUDe CLUB.

Vision

The vision of STUDe Club is:

- ✓ To create a peer-to-peer student body facilitating "Healthy practices for effective learning".
- ✓ To promote utilization of latent potential in students of IITB to its maximum, so that they make the best use of their time and stay focused on their goals.

As its long-term objective, the club intends to stretch the capabilities of the students of this institute and inculcate a holistic viewpoint in the students towards technology and engineering education to foster an impeccable intuition for people skills, business innovations and their societal understanding enabling them to think big and innovate at par with their counterparts in MIT, Stanford etc. in all spheres of life by being industrious in their own way and strengthening our own standards and aptitudes.

Mission Statement

Through interactions between our mentors and mentees we hope to provide a platform for healthy discussions and hope that students get the right kind of guidance in the right environment to achieve their cherished goals and make our vision come to life. With our carefully structured, well-planned and thought-out sessions and workshops, we aim to involve the interested students and foster the right kind of attitude towards the comprehensive academic and non-academic education obtained in the institute and thus help students see that the boundaries of learning and knowledge acquired here are truly limitless and are not just restricted to passing examinations. The term 'engineering' encompasses in multifarious ways, life itself. Our mission is to encourage a 'lets-go' attitude and bring in a habit of a polished professional conduct by the students.

Activities

The current activities of the STUDe CLUB are primarily three-fold, namely,

1. *Group Discussions (GDs)*: These fortnightly get-togethers called 'Classroom Connect' sessions provide a platform for open discussions on various technical, business and social topics aimed to create awareness, stimulate one's

- thinking, facilitate intellectual interactions amongst campus residents and thus encourage inter-disciplinary discussions. These group discussions are open for everyone to participate or spectate. Often, the discussions are preceded by a video clip, to infuse a topic for discernment. A faculty member is generally present to moderate the discussions.
- 2. **Workshops**: To enable the students to enhance their potential, STUDe CLUB conducts workshops on "Seven Habits of Highly Effective People". These workshops are conducted twice a semester by Mr.Deepak Bharwani a certified trainer from the Franklin Covey Institute.
- 3. Internship/Project Opportunities: STUDe CLUB intends to provide internship/project opportunities for first and second year undergraduate students across all departments at IITB. An orientation session for each project will be conducted by the respective faculty in the fortnightly group discussions. This would then be followed up by interested students in the summer/winter breaks. Such an effort will be a good engagement for the students and will lead to a better appreciation of the relevance of IITs. Also, it has been observed that a student's CPI invariably increases after such an exposure to working on projects under the guidance of some faculty. It essentially builds a sense of invisible but effective gratitude towards engineering. Such internship opportunities may eventually be posted on Practical Training Cell's website.

Structure

The core team of STUDe CLUB comprises of a Faculty Advisor (presently, Prof. Ganesh Ramakrishnan, CSE), 2 Overall Coordinators (presently, Dhruv Gupta and Abhishek Raj), 4 core members and few senior members. The duties and responsibilities of each POR are mentioned below:

- 1. **Overall Coordinator (OC)**: An OC is responsible for planning STUDe CLUB's calendar and overseeing its execution. (S)He will thus bring in synergy between these ISMP and STUDe CLUB. Handling official emails, overseeing the working of the googlegroup, coming up with new and interesting ideas to expand the group both in terms of student-base and activities undertaken by the group will be his/her regular duties.
- 2. **Core Member**: The core member assists the STUDE CLUB Faculty Advisor and OCs, in conducting of the group discussions, workshops, etc. and come up with new and interesting ideas to expand the group both in terms of student-base and activities undertaken by the group.
- 3. **Senior Member**: These are senior students who regularly attend the discussions organized by STUDe CLUB, are confident of their conduct, contribute intellectually to the knowledge pool on the googlegroup and can be followed up by junior students for general discussions like how to manage time better or what interesting events are going on in the institute, etc.

List of events conducted so far during the ongoing year (2011-2012)

- 1. Tech-Skills workshop for freshmen, which included Latex, Matlab, PHP, etc.
- 2. Orientation program attended by 375+ freshmen by Mr. Jamdar, Alumnus of IIT-B and M.D. of Blue Star.
- 3. Dr. Claude Alvares' institute talk followed up by a group discussion with him.
- 4. A talk by Prof. Sumant Rao on "The best and the worst times of an undergrad's IIT life".
- 5. Mr. Deepak Bharwani's "7 Habits of highly effective people" workshop (once a semester).
- 6. Subject Overviews for freshmen courses, to discuss the application of the subjects and motivate them.

- 7. Classroom Connect Sessions (2 conducted last semester, 3 conducted so far in this semester). Topics discussed so far include Fractals, Chaos Theory, Millau Viaduct, Spinodials (Prof.Gururajan, MEMS, IITB), Managing big projects and social entrepreneurship (Prof. Milind Sohoni).
- 8. Internships with Prof. Gururajan and floating of summer projects for undergrads.
- 9. Internships with Prof. Sohoni and floating of summer projects for undergrads in CTARA.

Activities to follow this semester

- 1. Classroom Connect session on Mar 17, 2012 by Prof. V. M. Gadre.
- 2. Institute talk by Prof. Anil Gupta (IIM-A) followed up by a classroom connect session with him (Mar 31, 2012).
- 3. Classroom Connect session on Mar 14, 2012.

Testimonials

One of the major parameters in shaping this program (from a M.Phil. thesis to STUDe Club, which is a part of the SMP) has been the regular student feedback, which provides us the impetus to keep moving forward. Select testimonials can be viewed here.

Thanks Stude Club

Contact Information

STUDe CLUB can be reached at stude.club@gmail.com. To know about STUDe CLUB's upcoming activities, view its googlecalendar here. Information on STUDe Club and its activities can be found at its website http://p2pstude.tk/.